



Captains Day- Dorset and Somerset

Supporting the development of Captains of MY Leadership Academies

Sunday 27th September 2014

Royal Chase Hotel, Shaftesbury, Dorset

The Captains day is aimed at supporting the development of Captains and their Academy. These opportunities are to encourage Captains to work together in this forum to become better at leading their Academies and to gain knowledge, support, information and new ideas whilst supported by members of the British Gymnastic Advisory Panel and British Gymnastics Club Development coordinator. The purpose is to enable Captains to be in a stronger position to support the leaders within their Academies.

All fees have been covered by British Gymnastics and some light refreshments will be provided. There is no fee to Academy Captains to attend.

Captains Day Timetable- 27th September 2014

Arrival	2.00pm
Welcome and group introductions	2.10pm- 2.20pm
Aims of Captains Day	2.20pm-2.30pm
Key Challenges	2.30pm-2.50pm
But they're 11 what can they do?	2.50pm- 3.10pm
Using the memory stick	3.10pm – 3.30pm
MY Volunteering	3.30pm -3-3.50pm
Questions and feedback	3.50pm-4.00pm



Workshop Descriptions

Workshop Title	Workshop Description
Aims of Captains days	Brief discussion giving detail of what to expect from the Captains Day and the outcomes of attending.
Workshop 1 Key Challenges	A great discussion opportunity to learn more about each other's academies and how they are running. Do you struggle with number of leaders? How do you organise meetings? What involvement have your leaders had within their club so far? A look at log books, recording and keeping information up-to-date.
Workshop 2 But they're 11 what can they do?	Thinking of starting a new project, need some ideas? Not sure how mentoring works best or what's the best way to inform and keep leaders all moving forward. Around the table we can explore and feedback ideas and options that could be the answer you were looking for.
Workshop 3 Using the memory stick	Ask questions to a member of the Gymnastic Advisory Panel and Club Development Coordinator. This will also be an ideal occasion to learn more about the Intro to courses and booking them for your academy as well as exploring the USB sticks given to Captains and what support they can be to you. Working together we will be able to provide a fusion of ideas for you to take back to your academy for future planning of activities and training.
Workshop 4 MY Volunteering	Get your diaries out and have an opportunity to pencil in some proposed dates Aspire to Lead and an inter Academy Gym Challenge, as well as an opportunity to look at dates and link academies together for other activities, volunteering opportunities and courses.

For more information regarding the Captains Day, please contact Helen Barnett-Moore
Helen.barnett-moore@british-gymnastics.org



Application Form- Captains Day – Dorset and Somerset

Name:	D.O.B
BG Membership Number:	
MY Leadership Academy:	
Address:	
Parent/Guardian's Number: (if under 18yrs)	Parent/Guardian's Email: (if under 18yrs)
Emergency Contact Information: Primary (required)	
Name:	Relationship:
Tel Number:	Email:
Emergency Contact Information: Secondary	
Name:	Relationship
Tel Number:	Email:
Important Information	
Please state if you have any medical conditions or if you are currently taking any medication. Please also list any allergies you have medication for. (Please give details below):	
Do you have any dietary requirements or allergies? Yes / No If Yes, please specify:	
Do you consider yourself to have a disability? Yes / No If Yes what is the nature of this disability:	
To be completed per applicant or by Parent/ Guardian if young person is under 18yrs I agree that the applicant is in good health and capable of taking part in Captains Day. Applicant has completed the medical details and understands that every effort will be made to obtain personal consent but that in an emergency, prompt action may be required. Therefore any necessary treatment which a medical practitioner deems necessary can be administered. I understand photographs will be taken during the Captains Day. These images will be used by British Gymnastics and their partner organisations, for promotional purposes, including inclusion on the BG website, in newsletters/ publications, or for use in other appropriate promotional media. These images will be securely stored and will not in any way be altered for inappropriate use.	
Name: (applicant or parent/ guardian if under 18)	
Signed:	Date:

Please print, complete & send **by 7th September 2014** to Helen Barnett-Moore, Captains Day,
5 Meadow Road, Charlton Marshall, Dorset, DT11 9PG.